# (11) Medications Used for Emergency Contraception

## **Dedicated Approved Products for Emergency Contraception**

Brand Dose Ethinyl Estradiol per dose (mcg)

#### One Tablet Regimens

Plan B™ One-Step	1 tablet	0	1.5mg levonorgestrel
ella™	1 tablet	0	30mg ulipristal
Levonorgestrel	1 tablet	0	1.5mg levonorgestrel

#### Two Tablet Regimens

Next Choice™	2 tablets at once (1.5mg total dose) or 1 tablet (0.75mg) followed by 1 tablet (0.75mg) 12 hours later	0	Each tablet is 0.75 mg levonorgestrel
Levonorgestrel	2 tablets at once (1.5mg total dose) or 1 tablet (0.75mg) followed by 1 tablet (0.75mg) 12 hours later	0	Each tablet is 0.75 mg levonorgestrel

### **Oral Contraceptive Pills**

	Tablets per Dose	Ethinyl Estradiol	Levonorgestrel
Brand	(two doses 12 hours apart*)	per dose (mcg)	per dose (mg)*
Alesse	5 pink tablets	100	0.50
Aviane	5 orange tablets	100	0.50
Levlen	4 light-orange tablets	120	0.60
Levlite	5 pink tablets	100	0.50
Levora	4 white tablets	120	0.60
Lo/Ovral	4 white tablets	120	0.50
Low-Ogestrel	4 white tablets	120	0.60
Nordette	4 light-orange tablets	120	0.60
Ogestrel	2 white tablets	100	0.50
Ovral	2 white tablets	100	0.50
Tri-Levlen	4 yellow tablets	100	0.50
Triphasil	4 yellow tablets	120	0.50
Trivora	4 pink tablets	120	0.50
Ovrette	20 yellow tablets	0	0.75

<sup>\*</sup>The progestin in Ovral, Lo/Ovral, and Ovrette is norgestrel, which contains two isomers, only one of which (levonorgestrel) is bioactive; the amount of norgestrel in each dose is twice the amount of levonorgestrel.

In addition to the products specified in this paragraph, generic equivalent products may be furnished. Estrogen containing regimens are not preferred and should be used only when the other options are not available.

## (12) Anti-nausea Treatment Options for use with Emergency Contraception

Non-Prescription Drugs	Dose	Timing of Administration
Meclizine hydrochloride (Dramamine II, Bonine)	One or two 25 mg tablets	1 hour before first EC dose;
(Dramamine II, Bolline)		Repeat if needed in 24 hours
Diphenhydramine	One or two 25 mg	1 hour before first EC dose;
hydrochloride (Benadryl)	tablets or capsules	repeat as needed every 4-6 hours
Dimenhydrinate (Dramamine)	One or two 50 mg tablets	30 minutes to 1 hour before first EC dose; repeat as
	or 4-8 teaspoons liquid	needed every 4-6 hours
Cyclizine hydrochloride		30 minutes before first
(Marezine)	One 50 mg tablet	EC dose; repeat as needed every 4-6 hours
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Note: Authority cited: Section 4005, Business and Professions Code. Reference: Sections 4052 and 4052.3, Business and Professions Code.

(Amended effective 7-1-2013)